Each Oakmont community calendar includes all eight of our Core Elements. Specific offerings change from month to month and vary by location, reflecting the diverse interests of residents and unique local activity opportunities.
Oakmont’s Core Elements

**MOVE**
Active exercise classes, sports and games that build strength, balance, flexibility and endurance.

- Dedicated Fitness Room
- Daily Exercise Classes
- Walking Club

**THINK**
Challenging brain exercises that strengthen attention, memory, language, calculation and more.

- Brain Fitness Sessions
- Card and Table Games
- Puzzles, Crosswords, Sudoku

**EXPRESS**
Creative arts that encourage expression through music, the visual and culinary arts, handcrafts and theater.

- Visual Arts Classes
- Chorus Group
- Cooking Demonstrations

**SOCIALIZE**
Festive occasions to share fun and entertainment with neighbors, family and friends.

- Live Music Happy Hour
- Family Dinner Nights
- Card Games

**EDUCATE**
Opportunities to continue learning and boost intellectual growth that stimulate and enrich the mind.

- Current Events Roundtable
- Lectures and Seminars
- Resident Presentations

**CONNECT**
Gatherings and classes to explore the religious and spiritual dimension and provide fellowship.

- Religious Services
- Bible Study
- Meditation and Yoga

**CONTRIBUTE**
Opportunities to come together and give back to the community through creative service projects.

- Make Items for Charity
- Fundraise for Alzheimer’s
- Volunteer Opportunities
EXPERIENCE
Excursions to places of interest and enjoyment. Museums, gardens, restaurants, music and theater.

San Antonio Winery
Visit us in Ontario to discover a breadth of fine wines from the best wine-producing regions in the world! San Antonio Winery offers three complimentary tastings from our winemaker’s weekly selection.

Lewis Family Playhouse
This is an intimate performing arts center located in the beautiful Victoria Gardens. From professional, family-friendly theater productions to live concerts and comedy shows, there is not a bad seat in the house.

Newport Harbor Cruise
This narrated cruise takes you to all points of interest: beautiful homes and exotic yachts of the rich and famous. Pavilion Paddy is a Mississippi-style river boat that offers inside and outside seating and snack bar.

Griffith Observatory
Southern California’s gateway to the cosmos! Visitors can look through telescopes, explore exhibits, see live shows in the Samuel Oschin Planetarium and enjoy spectacular views of Los Angeles and the Hollywood Sign. Best of all, admission is always free!
RESIDENT MEETINGS
Programming Committee
Monthly

Resident Council
Monthly

Food Forum
Monthly

TRANSPORTATION
Transportation available 7 days a week. Doctor appointments by reservation. Please see Concierge for more details.

MOVIE THEATER
Two showings daily.

Friends make great neighbors and we want to thank you for each referral that you give us. For each friend that moves in and lives at Oakmont for 90 days, we will thank you by giving you a rent credit and making you a member of our exclusive Oak Club.

Contact the Marketing Department to learn more!
The community you’ve imagined...

the lifestyle you deserve.

Oakmont Senior Living

oakmontseniorliving.com